

CRY for Matthew Newsletter

Spring 2014

Welcome to the first CRY for Matthew Newsletter.

We started fundraising in Shropshire and Cheshire back in October 2012 with the first 'Row for CRY'. Since then, with the help of lots of friends, we have managed to **raise over £30,000** which is being put towards a cardiac screening programme in memory of our son, Matthew.



For those of you who didn't really know Matthew, I think he'd probably be very embarrassed about all the fuss we are making in his name. He was always a very fair and just person, and we know that he wouldn't want others to suffer, because they didn't know about Young Sudden Cardiac Death. This kills 12 young people every week and there are around 160,000 young people currently in the UK, aged 14-25 years, that have a life-threatening heart condition and don't realise it.

The money we are raising is going towards screening young people and raising awareness. It costs £35 for a young person to have the initial E.C.G. to screen for heart defects. This is less than we used to spend on a mouth guard at the start of every season for Matt. Please do take advantage of the free screening on the dates below and also donate to help us screen others if you can afford to.

Sue Dewhurst (Matthew's mum)

Screening

Our fundraising has allowed us to book and pay for four days of screening this year and the same again for next year. The full dates will soon appear on the C.R.Y. website.

To book your screening, log onto www.testmyheart.org

Upcoming dates

3rd and 4th May 2014 at Ellesmere College, Shropshire.

8th and 9th November 2014 at Gresty Road Stadium, Crewe.

The screening is completely unobtrusive and won't hurt at all. The cost is free but we ask that you donate, if you can afford to do so, so that we can continue to fund this programme in our area.

Once you have booked a slot please make sure that you do come along. We only have room for 100 young people every day, so its first come, first served. If you don't turn up it will waste our hard-earned funds and take up a space someone else could have taken, which could potentially save a life.



Three children in every 100 have an undiagnosed life-threatening heart defect

Fundraising help needed

We have three days of supermarket bag packing arranged so far for 2014 and need help on the following dates:

Saturday 24 May

Sainsburys, Oswestry – 10-4pm

Saturday 12 July

Morrisons, Crewe – 10-4pm

Saturday 23 August

Stan's, St.Martins – 10-4pm

If you can help for an hour please contact Sue on 07789 415242 or email (below)

Our Patron – Steve Davis, Manager of Crewe Alexandra



'Any help and time that I can give to support the CRY for Matthew appeal will give me enormous satisfaction in knowing that I may have saved some young lives.

I have been involved in Professional sport for over 30 years and I have seen and been affected by several incidents in Professional football. A simple screening can prevent this so with more help and money we can raise awareness and get these young people in Cheshire and Shropshire screened to improve the current statistics'.

Events – More information on www.CRY-for-Matthew

4 April 2014 – Carden Park Golf Tournament

18 teams are needed to play for the 'CRY for Matthew' plate. Shotgun start with bacon sarnies at the beginning and a two-course dinner at the end with prizes, auction and a raffle.

Corporate sponsorship is encouraged and we have 18 holes looking for sponsors, so if you know of any company that would like to see their name and logo on the course, please do get in touch.



18 and 19 September 2014 – Buy for C.R.Y. Kinton, Shrewsbury

This is a repeat of the 'Posh Jumble Sale' we held last year which raised over £3,500 for C.R.Y. We are looking for you to donate items that you bought and never wore, shoes that never made it out of the box or that handbag that just didn't look right!

Tickets will be on sale for either the evening of the 18th or the morning of the 19th and cost £5 to include a raffle ticket and a glass of wine!

29 November 2014 – CRY for Matthew Dinner & Dance at The Albrighton Hotel, Shrewsbury

Piano Bar, Cabaret & Disco with 3 course dinner. Be sure to book early as this was a sell out last year and we only have 180 places.

Christina Trevanion of 'Flog It' and 'Bargain Hunt' fame will be leading the auction again which helped to raise over £5,100 in 2013.



As the County Representative for the national CRY charity, I am always happy to give presentations about the work that they do and the services they provide. Please do not hesitate to contact us if you would like to find out more.

Thank you all, for your love and support of our cause,

Sue & Chris Dewhurst

For more information about CRY visit www.c-r-y.org.uk

To get touch call Sue on **07789 415242** or email mail@CRY-for-matthew.org.uk

