

CRY for Matthew Newsletter

Spring 2015

Welcome to our Spring Newsletter

With two principle fund raising events already lined up for 2015 and the fruits of our fundraising labours enabling us to provide 5 more days of heart screening, Spring could be on its way!

Screening dates 2015

2 and 3 May

Nesscliffe Village Hall

Booking is now open. We have spaces for up to 200 young people (aged 14 to 35) to come and have their hearts screened. These places have been paid for through fundraising, so please don't waste them. Book now at www.testmyheart.org



31 July

Whitchurch Rugby Club

7 and 8 November
Brine Leas School, Nantwich

We're pleased to announce below our two main events for this year to help us raise funds to continue the screening programme into 2016. Please support us if you can.

17th April 2015

C.R.Y for Matthew Golf Day Mile End Golf Club, Oswestry



Auction, Raffle, Prize Draw

For just £195 a team of 4 will get tea, coffee and breakfast rolls, 18 holes of golf, a two-course dinner and scorecard administration. Tee times are from 10am to 2pm.

Plus our sponsor, I.P.S Investments, is offering a prize draw to win a golfing break for 4 in the sun.

18th May 2015

An afternoon of Fashion, Food & Fun at Goldstone Hall Hotel with Royston Blythe, the celebrity hairdresser



There will be retail therapy with Essence of Nantwich, Thighs the Limits Stockings, Thoughts a Penny Jewellery and Accessories, Fashions from Abi Fisher and Sue Sellers along with hampers from Cheerbrooke Farms in Nantwich.

Our sponsors, IPS Investments, will be offering a prize draw to win a voucher with Royston Blythe.

Tickets are £25 to include a glass of pink prosecco and a full afternoon tea.

January & February can be dark months, but we have been heartened by gaining the support of local businesses to help our cause.



We are pleased to announce that Cheerbrook Farm in Nantwich have made us their charity of the year. We are so very grateful to them as it helps us to promote awareness in Cheshire of S.A.D's and the work of C.R.Y.

Sarah and Andrew from Cheerbrook Farm Shop have chosen CRY for Matthew as their nominated charity for 2015. Based in Nantwich, Cheshire, Cheerbrook are a strong supporter of local causes, having raised over £1,000 last year for Hope House Children's Hospices through various initiatives including a gingerbread raffle.

You can find Cheerbrook Farm shop on Newcastle Road, Nantwich, Cheshire CW5 7EL.



We have recently teamed up with The Utility Warehouse who can help you save money while raising money for CRY for Matthew

If you become a Utility Warehouse customer they will pay CRY for Matthew a percentage of your monthly bill. They will continue to pay each month – for as long as you carry on using their services. This means CRY for Matthew can carry on raising money forever with no need for anyone to do anything else - it's so simple!

Why not give it a try today and help CRY for Matthew do their good work!

Call Utility Warehouse Community Fundraising Team on 0800 131 3000 to see how you can save money on your bills. Remember to quote - CRY for Matthew.

What we've been up to

Supporting Harrison Lunt at Brine Leas School with his mission to fundraise and provide the school with 2 defibrillators. Harrison is part of BL6 and asked if we could present to the students about the work of CRY and why the CRY for Matthew screening programme was so important. He wanted to show that it isn't only older people that die from heart problems. Young people maybe fit & healthy but they are NOT invincible.



We also supported Cardiac Risk in the Young with a **feature on BBC Inside Out** on 23 February. Three families in the North West were interviewed about how S.A.D's has affected their lives. The programme can be viewed here: www.c-r-y.org.uk/inside-out-north-west-campaigning-for-heart-screening/

We are now proud to be **sponsoring a radio programme on Red Shift Radio**, Wake up to the Weekend with Charlotte Birch. Charlotte will keep you updated every Saturday morning with what we are up to and the latest screening information.

Thank you to everyone who continues to support the fundraising events we hold. We are always happy to support any fundraising you would like to do on our behalf so that we can continue to screen young hearts in Shropshire & Cheshire and keep Matthew's memory alive.

Sue Dewhurst
(Matthew's mum)

For more information about CRY visit www.c-r-y.org.uk
To get touch call Sue on **07789 415242** or email mail@CRY-for-matthew.org.uk

