

CRY for Matthew Newsletter

Summer 2014

Welcome to the Summer edition of the CRY for Matthew Newsletter.

On 3 & 4 May 2014 we held our first screening days at Ellesmere College, Shropshire. 215 young people came to have their hearts screened which meant having an E.C.G examination followed by a 'one to one' with the cardiac specialist from C.R.Y.

The team from C.R.Y had travelled from all over the UK, Greg was from Cambridge, Monica and Gareth were from Cardiff, Rob from Gravesend, all specialists in the field of Cardiology.

Over the weekend we got to know them all really well and also got to understand an awful lot more about S.A.D's – Sudden Arrhythmic Death Syndrome.

Of the 215 hearts screened, 2 were found to have life threatening defects that required immediate assistance, others were going to be required to come back in a couple of years' time for further screening, it was quite an emotional time for



both Chris and I, if only this opportunity had been offered to us.

Our next screening will be in Crewe and Nantwich on 7 & 8 November. You'll be able to book a slot at www.testmyheart.org from September.

Sue Dewhirst (Matthew's mum)

Congratulations to our golfing greats!

Back in the spring we also held our first 'CRY for Matthew' Golf Tournament.

Ten teams enjoyed a day's golf at The Carden Park Golf resort in Cheshire to win the beautifully sculpted glass trophy designed by Sandra Balmer from Chapel Glass Designs.



Teams from Ellesmere College, K.G.Insulation, N.F.T Distribution, D.Potts Associates, Mitchell Charlesworth and The Boathouse, Ellesmere battled it out, but it was the team from Tudor Griffiths who were clear winners.

Future events

More information on www.CRY-for-Matthew

9 September 2014

Buy for C.R.Y. Kinton, Nesscliffe, Shrewsbury

This is a repeat of the 'Posh Jumble Sale' we held last year which raised over £3,500 for C.R.Y. We are looking for those items that you bought and never wore, those shoes that never made it out of the box or that handbag that just didn't look right. This year we'll be at Nesscliffe Village Hall from 4-9pm. Tickets on sale now at £5.



29 November 2014 – CRY for Matthew Dinner & Dance at The Albrighton Hotel, Shrewsbury

Piano Bar, Cabaret & Disco with 3 course dinner. Be sure to book early as this was a sell out last year, & we only have 180 places. Christina Trevanion of 'Flog It' & 'Bargain Hunt' fame will be leading the auction again which helped to raise over £5,100 in 2013.

Auction gifts already in for £1000 of jewellery, Cookery courses, a day at a Finishing School and a Rally driving experience.

Tables of 10 now available. £45 per ticket.

Thank you

To MBNA Bank who have donated £1,500 for screening in Cheshire this year.

To The MacLiam Family, the Twigg Family, Jenny Lewis, Sally and Emily Prince, Emma and Olivia for helping us bag pack at Sainsbury, Oswestry where we raised £609.38.



Fundraising help needed

Supermarket bag packing on:

Saturday 12 July at Morrisons, Crewe – 10-4pm

Saturday 23 August at Stan's, St.Martins – 10-4pm

Please support us when you can.

Sponsor us

Both Chris and I will be joining other C.R.Y families to walk the 12 landmarks of London on Sunday 6 July. The 12 landmarks represent the 12 that die every week from S.A.D's. If you are able to sponsor us please go to:

<http://uk.virginmoneygiving.com/CRYforMatthew>

Old friends and rugby colleagues of Matthew's are aiming to complete the Total Warrior Challenge in August. Louis Chaudron, James Preston and Colin Dickson are currently in training for this gruelling event and we know they too would welcome your support and sponsorship.

Remember sport is not the problem but it can be the trigger for S.A.D's #12aweek

As the County Representative for the national CRY charity, I am always happy to give presentations about the work that they do and the services they provide. Please do not hesitate to contact us if you would like to find out more.

Thank you all, for your love and support of our cause,
Sue & Chris Dewhurst

For more information about CRY visit www.c-r-y.org.uk
To get touch call Sue on **07789 415242** or email mail@CRY-for-matthew.org.uk

